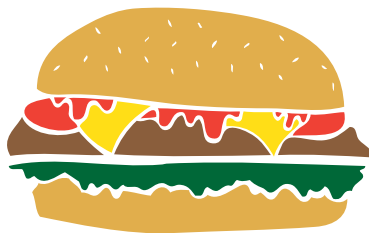
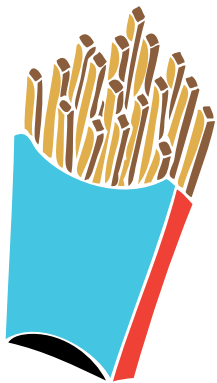
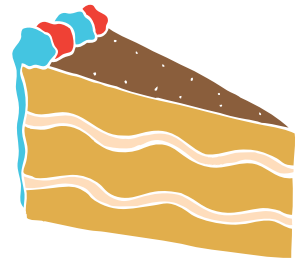
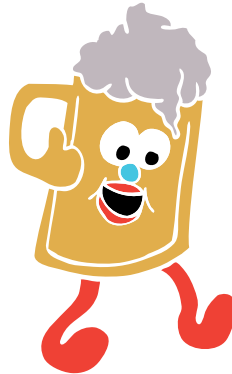
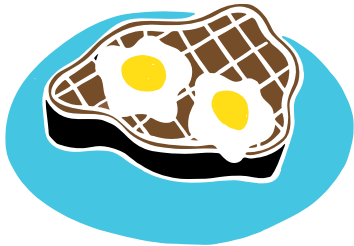
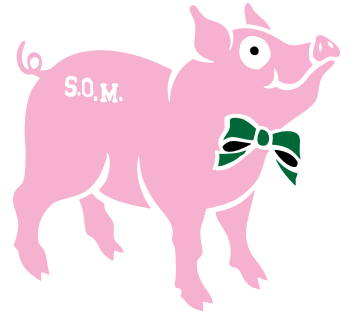
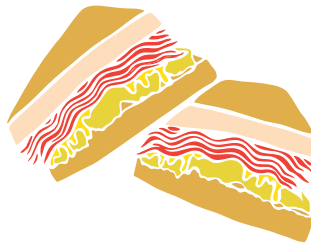
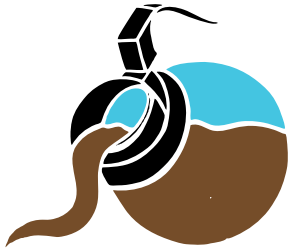
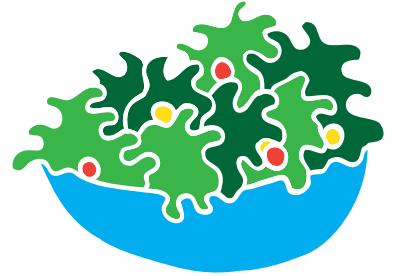


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# SAVE ON MEATS



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**DINER MENU**

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# SAVE ON MEATS

ESTABLISHED 1957

SAVE-ON-MEATS

OPEN 7 DAYS A WEEK

 saveonmeats.ca

43 West Hastings Street  
Vancouver BC  
V6B 1G4 Canada

 @saveonmeats

 604.569.3568

 butcher@saveonmeats.ca  
diner@saveonmeats.ca  
sandwich@saveonmeats.ca

Family Owned and Operated Butcher Shop, All Day Diner and Take Away Window

## BREAKFAST *Served Weekdays until 11AM, Weekends until 4PM*

### THE LIGHT(ER) STUFF

*The healthy day starters*

#### OATMEAL

Served with sliced banana & walnuts 4

#### HALF FRESH GRAPEFRUIT

Brown sugar on the side 3

#### FRESH FRUIT CUP OR BOWL

Just lovely 3 / 4.5

### BIG OL' BREAKFASTS

*After all, it is the most important meal of the day*

#### LE CROQUE

Ham, cheese and a hint of dijon, dipped in egg & fried to crunchy perfection. Served with hash browns or green salad 7

Make it a 'LA CROQUETTE' – add an egg on top 1

*\*The Le Croque is served all day, everyday at SOM*

#### THREE EGG SCRAMBLE

*Served with hash browns & toast*

The Farmer's Market (Tomatoes, Onions & Spinach) 7

The Big Pig (Ham, Sausage & Bacon) 8

The Triple Cheesey (Swiss, White & Orange Cheddar) 7

#### NEW YORK STEAK & EGGS

5 oz steak cooked to order with 2 eggs, hash browns & toast 12

#### LUMBERJACK ARK

*A pair of everything - floods & flannel not included. 2 eggs, 2 slices of bacon, 2 breakfast sausages, 2 slices of ham, 2 slices of French toast served with hash browns 13*

#### FRENCH TOAST

*But of course. 2 thick cinnamon-dipped slices of white bread, fried up all golden brown 8*

Add real whip cream or fruit compote each for 1

### ALL DAY BREAKFAST

*Served all day, everyday to everyone!*

Two eggs cooked any style, served with hash browns & toast 4

Add sausage, bacon or ham 2

### BENNYS

*Fancy!*

All bennys served on toasty English muffins with side of hash browns and topped with silky hollandaise the way nature intended

TRADITIONAL (ham) 8

BLACKSTONE (bacon and tomato) 8

CORNER BEEF (Uptown meets Downtown) 8

THE POPEYE (you got it – spinach!) 8

### EXTRAS

*Add each for 1*

Sliced Tomato 1 Egg any style

Sliced Avocado 1 Egg White

Sliced Banana Side Of Toast

BBQ Sauce Fruit Compote

House Biscuit Whip Cream

*Add each for 2*

2 Strips Bacon

2 Breakfast Sausages

Thick Slice of Ham

1 piece French Toast

### MORNING BEVERAGES

*Full beverage list & milkshakes located on last page*

COFFEE (BOTTOMLESS) Regular or decaf 2

TEA A lovely little selection 2.75

JUICE Cranberry, Orange, Apple, Grapefruit, Pineapple 3.25

MILK Skim or chocolate 1.5

BREAKFAST BEER Draft with an OJ float 6

MIMOSAS Orange or grapefruit 7

SOM PEPPERONI CAESAR 7 or virgin 4

IRISH COFFEE whisky, coffee, whip cream 7



## DINER CLASSICS *Served 11AM to 10PM weekdays, served all day weekends*

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### SANDWICHES

*All sandwiches served with your choice of fries, mash, coleslaw or green salad. Sub poutine or soup for 2*

#### THE GRILLED CHEDDAR CHEESE

Just add Saturday cartoons 5

#### BLT

Bacon-y, lettuce-y, tomato-y, tasty 6

#### TUNA MELT

House made tuna salad topped with melted cheddar 7

#### CLUBHOUSE

Butcher shop roast chicken, bacon, lettuce, tomato & avocado on toasted white 8

#### DAMN FINE REUBEN

Mike Vitow's Corned Beef, Swiss, Coleslaw & Thousand Island 9

#### OPEN FACE ROAST CHICKEN SANDWICH

Juicy roast chicken smothered in brown gravy. Knife & fork required 8

#### BRAISED BEEF & SWISS ON A BUN

Topped caramelized onions. Mess-tastic 8

### THE BURGER

*The best damn deal in town & Save On Meats original claim to fame! Our burgers are made with hand ground chuck steak and fresh herbs in house everyday*

Topped with our butcher shop bacon, melted cheddar, smoky BBQ sauce, tomato & lettuce. Served with choice of fries, mash, coleslaw or green salad 6

### THE (VEGGIE) BURGER

You asked – we listened. Our house made veggie patty dressed just like our original burger and served with your choice of side 7

### SALADS

*Healthy, leafy and delicious*

#### GREEN

Simple tossed leaves in house vinaigrette 4

#### THE BIG SALAD

Lettuce, apples, avocado, quinoa, cucumber & goat cheese in citrus vinaigrette 9  
Add roast chicken 2

#### COBB SALAD

Another way to eat bacon! Blue cheese, cherry tomatoes, double smoked bacon, hard boiled egg, butter lettuce & avocado with classic dressing 10

### SOUPS & CHILIS

*All soups are served with salty crackers or a cheddar herb biscuit*

#### MEATY CHILI

Hearty & bean free. Cup 3 / Bowl 5

#### VEGGIE CHILI

Chock full of beans & garden goodness. Cup 3 / Bowl 5

#### CHICKEN SOUP

Home made magic. Cup 3 / Bowl 5

#### CREAMY TOMATO

The rainy day cure. Cup 3 / Bowl 5

#### SOUP OF THE DAY

The suspense. Cup 3 / Bowl 5

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## MAINS *Served Monday to Friday 11AM to 10PM, Weekends 4PM to 10PM*

### SMOKED TURKEY POT PIE

As seen on Diners, Drive Ins & Dives. Winner, winner turkey dinner. Served with choice of mashed potatoes, peas & carrots, fries or green salad. **10**

### SAVE ON MAC & CHEESE

Rich cheese sauce, noodles, breadcrumbs & happiness. Served with side green salad **8**  
Top with crumbled bacon or onions each for **0.5**

### BUTCHER SHOP BANGERS & MASH

Our own hearty sausage served with mashed potatoes & rich brown gravy **9**

### MEATLOAF

Doesn't get more comfy than this. Served with choice of mashed potatoes, peas & carrots, fries or green salad **9**

### FRIED CHICKEN DINNER

2 pieces of crunchy buttermilk chicken. Served with choice of mashed potatoes, peas & carrots, fries or green salad **11**

### BBQ RIBS

Fall apart tender and paired with a warm biscuit. Served with choice of mashed potatoes, peas & carrots, fries or green salad **12**

### STEAK & ONIONS

5oz NY strip loin cooked your way and smothered in caramelized onions. Served with choice of mashed potatoes, peas & carrots, fries or green salad **12**

### Daily Specials - Ask Your Server

*Our amazing kitchen does a special every breakfast, lunch and dinner 7 days a week.*

*They sell out really quick, that means they're great.*

*If you have a special you'd like to create, let the staff know and it might just show up. You won't be credited, but at least you'll know.*

### SIDES

Broccoli & Cheese **3**  
Peas & Carrots **3**  
Golden French Fries **3**  
Mashed Potatoes **3**  
Coleslaw **3**  
1 Piece Fried Chicken **3**  
Green Salad **3**

### EXTRAS

Add scoop of chili **2**  
Add an egg **1**  
Add cheese **1**  
Add 2 strips of bacon **2**  
Add brown gravy **1.5**  
Add BBQ sauce **1**  
Add onions, avocado or tomato **1**





## SODA FOUNTAIN *Served all day, everyday - this isn't a dentist office*

### DESSERTS

#### THE DRUGSTORE SUNDAE

1 scoop of vanilla and a choice of strawberry, hot fudge or butterscotch **4** (*add extra flavor for 0.5*)

#### CLASSIC SODA FLOAT

Your choice of soda and scoop of any flavor we have **4**

#### SAVE ON MILKSHAKE

Thick and spun just for you. Choice of strawberry, chocolate, coffee, banana, butterscotch, vanilla or surprise flavor **5**

#### BANANA SPLIT

You've earned it. 2 scoops of vanilla with hot fudge, fresh banana, whip cream, cherries & walnuts **6**

#### THE KNICKERBOCKER GLORY SUNDAE

Vanilla ice cream layered with hot fudge, strawberry sauce, almonds, whip cream and a cherry on top **6**

#### THE CHOCOLATE CHOCOLATE AWFUL AWFUL

*Save your allowance for this one.* 2 scoops of chocolate ice cream, hot fudge, mini marshmallows, whip cream and chocolate sprinkles **6**

### SWEET BITES

#### DISH OF ICE CREAM

1 scoop, any flavor we've got **2.5**

#### DAILY CAKE

Slice **3**

#### DAILY PIE

Slice **3**

#### DAILY COOKIES

Various. But try our signature chocolate bacon cookie! **2 for 2**

#### APPLE BROWN BETTY

The queen of crumbles **3**

## COMMUNITY PARTNERS



*And many more*

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[sandwich@saveonmeats.ca](mailto:sandwich@saveonmeats.ca)

Family Owned and Operated Butcher Shop, All Day Diner and Take Away Window

## KIDS MENU *For all our 12 and under customers.*

### KIDS BREAKFAST

*Served Weekdays 7AM to 11AM, Weekends until 4PM.*

Served with a glass of juice or milk.

#### ROUND THE CLOCK *(served all day, everyday)*

1 egg any style with hash browns, & choice of toast or biscuit **3**

Add sausage, bacon or ham **2**

#### NANNERS & OATS

Steel cut oatmeal with fresh sliced banana, walnuts & brown sugar **3**

#### FRENCH TOAST STICKS

1 piece of golden French toast, cut into fingers and served with maple syrup **4**

#### BREAKFAST 'BURGER'

Toasty English muffin, scrambled eggs, melty cheese and ham or tomato with hash browns **4**

### KIDS LUNCH & DINNER

*Served weekdays 11AM to 10PM, weekends 4PM to 10PM*

Served with a glass of juice or milk.

#### MONKEY SANDWICH

Toasted peanut butter and banana sandwich on white or brown. Crust optional. Served with fries, tossed salad or a fruit cup **5**

#### SOUP & SOLDIERS

A cup of creamy tomato soup and grilled cheese sticks **5**

#### CHICKEN LITTLE

One piece of fried chicken served with peas and carrots and choice of fries, mashed potatoes or green salad **5**

#### CHEEZY BURGER

Our cheese hamburger in mini form – served with choice of fries, mashed potatoes, green salad or peas & carrots **5**

BOOK YOUR  
*Party*



*We like to party, we know you do, and so do your kids. Email us today at [diner@saveonmeats.ca](mailto:diner@saveonmeats.ca) to reserve space - full venue and individual booths available. We'll even bake you a cake, with candles, plus Balloon Animals, Caricature Artists and Clowns available upon request. We will sing for you, but we probably won't dance. Party!*



## BEVERAGES *Served all day, everyday. Especially effective at quenching thirst.*

### DRINKS

#### SODA (BOTTOMLESS)

Coca-cola, Diet Coke, Ginger Ale, Sprite, Root Beer, Lemonade, Orange Soda, Iced Tea & Soda Water **2.75**

#### JUICE

Cranberry, Orange, Apple, Pineapple & Grapefruit **3.25**

#### TEA

A lovely little selection **2.75**

#### COFFEE (BOTTOMLESS)

Regular or decaf **2**

### BEER ON TAP

PBR Mug **4.50**

ROTATING TAP Pint **5.95** / Mug **4.75**

### CANNED & BOTTLED BEER

LABATT BLUE Bottle **4.5**

PHILLIPS BLUE BUCK Bottle **5.5**

STEIGL TALLBOY 1/2 Litre Can **6.5**

ROCK CREEK CIDER Can **5.5**

ROTATING Bottle MARKET PRICE

### BUBBLE

SEGURA VIUDAS Glass **6**

### WINE

ROTATING RED & WHITE Glass **6** / Bottle **25**

### HI-BALLS

SINGLE **6**

DOUBLE **9**

PIMMS CUP **7.25**

### SIGNATURE COCKTAILS

#### PANCAKE SODA

Gin, soda & touch of maple syrup **6.5**

#### SOM CAESAR

Chris Bros infused vodka & homemade Caesar mix garnished with even more Chris Brother Pepperoni (*vegetarian option available*) **7**

#### VIRGIN CAESAR

You can bring this to church **4**

#### GRAPEFRUIT MIMOSA

Segura Viudas and a touch of freshly squeezed grapefruit juice **7**

### SIGNATURE MILKSHAKES

All SOM signature adult shakes contain 2oz of alcohol – woah!

#### THE BACON BOURBON

Buffalo Trace & bacon in a chocolate shake **10**

#### THE WARM POLAR BEAR

Peppermint schnapps & Kahlua in a vanilla shake **10**

#### RUMNANA

White rum & banana in a vanilla shake **10**

#### THE RICH IRISH

Bailey's & Jameson in a chocolate shake **10**

#### CHOOSE YOUR OWN ADVENTURE

Choice of booze and flavors **10**

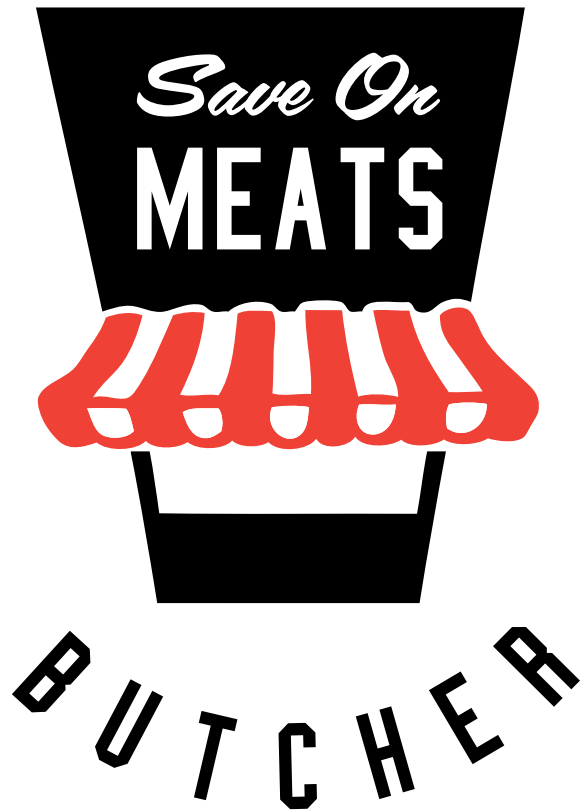
(*add additional flavor for 0.5*)



**FRESH AND LOCAL**  
**MEATS**  
**POULTRY**  
**AND GAME**  
**HOUSE MADE**  
**SAUSAGES**

SINCE

1957



**MONDAY**  
**15% OFF DELI MEATS**  
 AND READY TO EAT SAUSAGES, HAMS, PEPPERONI, ETC. OFFER EXCLUDES HOUSE MADE ITEMS SUCH AS DUCK CONFIT AND SAVE ON'S OWN SAUSAGE.  
\*Available all day while supplies last. Max 3 lbs per item per person.

**TUESDAY**  
**SENIOR'S DAY:**  
**15% OFF EVERYTHING**  
 15% OFF EVERYTHING IN THE SHOP ALL DAY. SENIORS CARD WILL BE REQUIRED.

**WEDNESDAY**  
**FIRE FIGHTERS & POLICE**  
 15% OFF EVERYTHING IN THE SHOP ALL DAY. ID WILL BE REQUIRED FOR OFF-DUTY.

**THURSDAY**  
**15% OFF ALL STEAKS**  
 YES - EVEN THE FANCY ONES.  
\*Available all day while supplies last

**FRIDAY**  
**15% OFF ALL CHICKEN**  
 INCLUDING MARINATED PRODUCTS, HOWEVER THE ROAST CHICKENS ARE EXCLUDED.  
\*Available all day while supplies last. Max 4 lbs per item per person.

**SATURDAY**  
**15% OFF ALL HOUSE-MADE BURGERS**  
 INCLUDING LAMB AND BUFFALO.  
\*Available all day while supplies last. Max 12 Burgers per person.

**SUNDAY**  
**15% BUTCHER'S CHOICE**  
\*Available all day while supplies last

**Butcher Shop Hours:**  
 Mon - Sat 10am - 7pm  
 Sunday 10am - 6pm

The Save On Meats Butcher Shop is a traditional, full service butcher shop in the heart of Vancouver.

Save On Meats carries a huge variety of popular cuts including steaks, chops, hand tied roasts, and house ground meats as well as our signature sausages, dry-aged steaks, famous burgers, Fraser Valley pork, free run chicken, lamb, goat and off cuts like pork belly, marrow bones, oxtail and brisket to name just a few.

The store carries a wide selection of deli meats, salumi, cheeses, olives, organic eggs and ready to go pates, terrines and meals such as duck confit and our hot from the oven rotisserie chickens.

While you're here pick up a loaf of house baked bread or a few

chocolate chip bacon cookies to tide you over on the ride home.

Special orders are always welcome - whether you're looking for a side of beef or a hard to find cut we're happy to source and price just about anything for our customers!

Freezer packs, wholesale, vac-packing, dry-aging, custom marinades and catering also available. Stop by today and see what's in store.

You can also check out our Facebook or follow us on twitter for up to the minute alerts on daily specials and upcoming events.

Thank you for shopping at Save On Meats.